

CTG – Associate Member Formation Planner



NAME:

DATE:

Use this form to track formation activities as an Associate Member.

ACTIVITY	Date Done
(1) Read through the Guardian's Guideline On Formation	
(2) Complete your Spiritual Autobiography (If not done already)	
(3) Draft your initial Personal Rule of Life based on our vows (Rule will change over time) Use the Methods and Tools Table and Value List as a Guide. At a minimum your Rule should include:	
• PRAYER: your daily prayer structure will be; at least one Office daily	
• PRAYER: setting up your personal prayer space in your home	
• PRAYER: attending communal worship	
• PRAYER: building a personal prayer list	
• STUDY/REFLECTION: Assemble a spiritual formation/guidance team and meet regularly with them	
• STUDY/REFLECTION: Determine what methods and tools will be used for reflection exercises (See Methods and Tools Table); design a plan	
• SERVICE: Determine how you will serve the Lord in your own unique way	
• Create a place in your Rule that captures <i>why</i> you are doing what you do; your personal values; favorite quotes or scripture passages, etc.	
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(4) Discuss the Community's <u>Charism Chart</u> with the Guardian	
(5) Discuss the <u>Principles of Spiritual Formation</u> with the Guardian	
(6) Discuss the <u>Values List</u> with the Guardian	
(7) Read and report on the following books or articles:	
1. The Way to Love, Anthony DeMello - and the 31 follow-up Reflection Exercises	
2.	
3.	
4.	
(8) Have regular monthly Formation Meetings with your Formation Guide using the Monthly Discussion Planner	Ongoing
(9) Become familiar with the CTG Constitution and Customary	
(10) Attend Convocation (at least one, if possible)	
(11) Safe Church Program: Adult and Child segments, or its equivalent	
(12) Baptismal Certificate (and Certificate of Confirmation/Ordination, if applicable)	
(13) Discern whether continued involvement in the CTG is right for you	
(14) Attend a 2-3 day retreat at a local monastery/retreat center; preferably a silent retreat	
(15) Other:	
(16) Other:	